**PHYSICAL EDUCATION / HEALTH**

**MR. LUKE**

**SYLLABUS**

**Parent Letter**

Welcome Back! We will be doing a lot of exciting activities again this year in Physical Education at Oakwood Avenue School.

The Primary grades (1 – 3) will be working on locomotor and non-locomotor movements as well as hand- eye coordination and balance. They will also be working on tumbling and x-box activities with dance and formations. Some of the equipment they will be using is scooters, parachutes, sticks, balls, bean bags and jump ropes.

For grades (4 - 7) the students will be working on hand-eye coordination, balance and fitness by playing cooperative games and activities some of these activities are team sports, such as soccer, variation football, floor hockey, basketball, whiffle ball and relays. There will be an emphasis on fitness and hand-eye coordination tied to the model curriculum.

We are requesting that your child /children do not wear jewelry to school on days they have physical education class. This is a safety concern for the jewelry as well as other students. Oakwood Avenue School and Mr. Luke will not be responsible for lost, broken or stolen jewelry. Students will not be permitted to participate in physical education class while wearing jewelry (bracelets, earrings, necklaces, watches or rings).

Thank you for your cooperation,

Mr. Luke

Physical Education Teacher

Oakwood Avenue School

**EXPECTATIONS OF PHYSICAL EDUCATION**

1. Students will be expected to dress in the Orange School District P. E. attire for elementary schools.

A. Gray or navy blue sweat pants.

B. Gray or navy blue sweat shirt.

C. White or blue tee shirts.

D. Sneakers.

E. No writing on the shirts or pants.

2. Students will be expected to participate to the fullest capacity and cooperate with their classmates and teacher.

3. Students will be expected to perform on fitness test and skill test for grades.

4. Students will be expected to do writing assignments.

**EXPECTATIONS FOR HEALTH CLASS**

1. Students will be expected to perform writing assignments, class work, tests, quizzes and homework.

2. Students will be expected to maintain and update their folders.

3. Students will be expected to work in small groups and share information and problems solve.

**DISCIPLINE**

First time offense: Warning

Second time offense: Call Parent

Third time offense: Meeting with principal, parent, teacher and student.

**GRADING POLICY GRADES**

Tests and Quizzes 30% A = 90 - 100

Class Participation 15% B = 80 - 89

Class Work 20% C = 70 - 80

Projects 25% D = 65 - 69

Homework 10% F = 64 - BELOW